

Tap to Expand by Sandra Kluge



Tap to Expand #1!

03/12/2025 - #1

Hi Sandra,

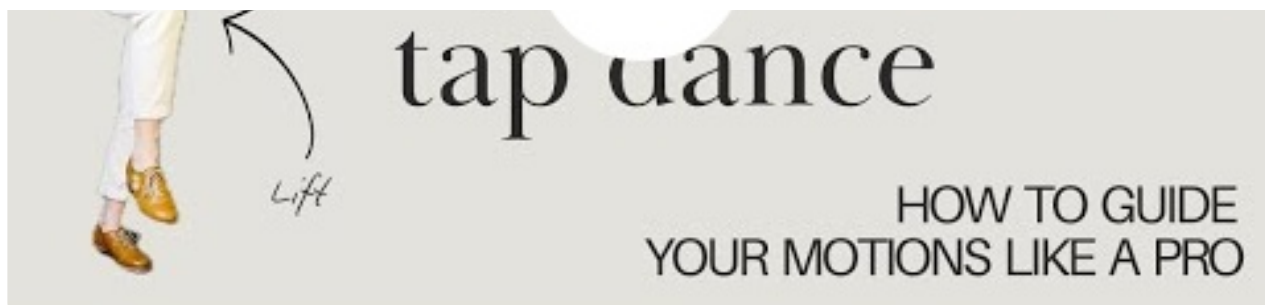
Welcome to my once-a-month collection of free resources that help you become a better musician with your tap shoes!

Efficient technique

First of all, I would like to share exclusive early access to the first video of a 4-part series I've been working on. It's called **The Core Principles of Tap Dance - Building Efficient Technique From The Start**. It consists of 4 parts that I will post on YouTube sometime soon. But you guys get the first one before everyone else. Happy to hear any feedback!

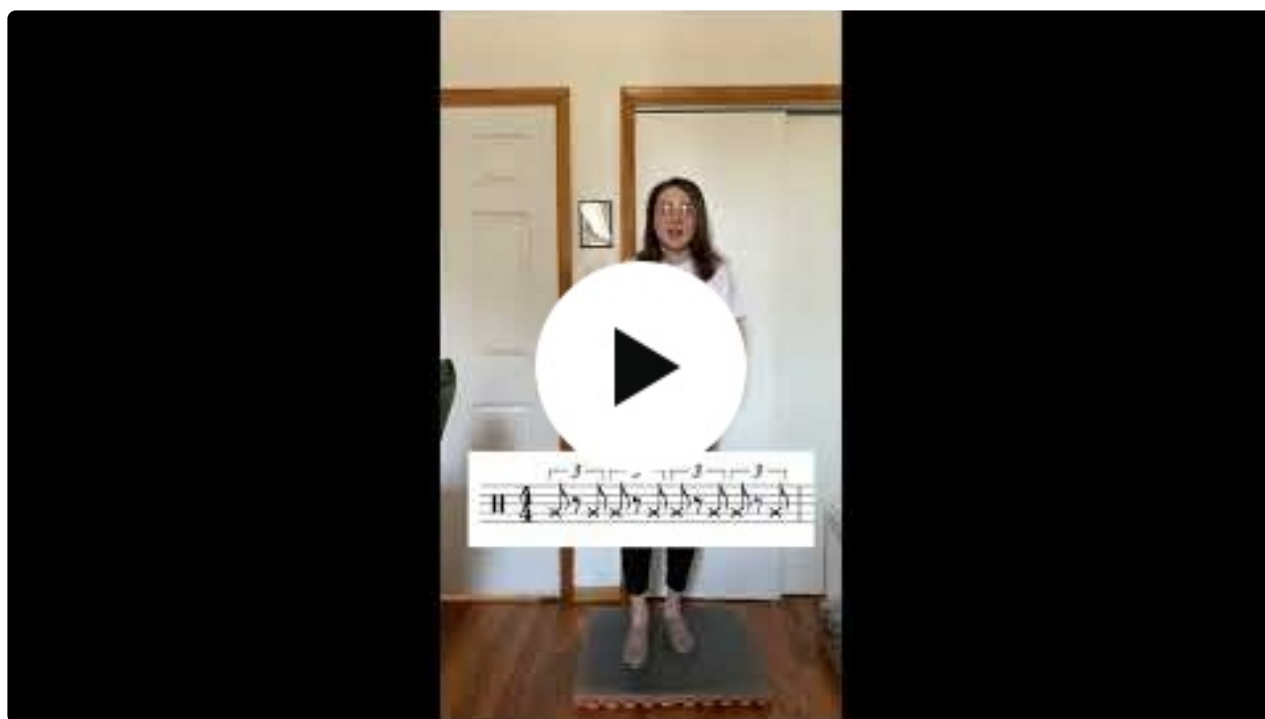
All too often, I see students learn only the "what" and not the proper "how" of tap technique, which leads to a lot of road blocks as they progress in their journey - spending hours and hours taking class and practicing, without seeing noticeable results and staying stuck in the same level for years. In this series, I will give you all the tools necessary to master any step. It's not about me teaching the steps themselves, but rather the underlying patterns with which we can approach any footwork.





8th note triplet exercise

This exercise helps you really solidify your triplet timing. Feel free to use other footwork (a good step is step heel change for example), and to expand this to other kinds of triplets as well.



I want to hear from you!

As I'm building this newsletter, I'm curious to hear:

What are you practicing right now?

What are you struggling with in your practice?

What are subjects you've always wanted to know/learn about but have not found any resources on?

Respond to this email to let me know! :)

Tap to Expand is collaborative, so don't be a stranger! Hit reply if:

- What I share is helping you in your journey.
- You want to share something you'd like me to cover in a future newsletter.
- You want to say hi :)

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